

# Baker IDI Heart & Diabetes Institute

## Radio (1 item)

### Interview with Peter Kistler, Cardiologist at the Alfred Hos...

[3AW, Melbourne](#) hosted by [Ross Stevenson and John Burns](#)

07 Dec 2016 7:19 AM



Breakfast - 3 mins 57 secs - ID: M00068592607



Interview with Peter Kistler, Cardiologist at the Alfred Hospital and [Baker IDI Institute](#). Stevenson says he was told if you visit a stroke unit at a hospital half of the people in there would be there because of undiagnosed atrial fibrillation. Kistler says this is one of the leading causes of stroke particularly in the older population. Kistler says some patient notice a correlation between drinking alcohol and an irregular heart beat. Kistler says after an alcohol binge which they define as more than five standard drinks in one sitting, the average heart rate goes up by 17% for 24 hours afterwards. Burns wonders if there is any treatment other than blood thinners. Kistler says it can be regulated with medication or special heart surgery. Kistler says they are looking for volunteers to take part in their study.

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#### Keywords

Baker IDI (1)

174,000 ALL

#### Interviewees

Peter Kistler, Cardiologist at the Alfred Hospital and Baker IDI Institute.

101,000 MALE 16+  
74,000 FEMALE 16+